

# THE GARDEN PATCH



July 2007

Salt Lake Master Gardener Association

Vol. 9, No. 7

I teased elm tree confetti out from the bases of bachelor buttons growing in the patio cracks, and little mantises fled scampering across the cement. A goldfinch fluttered down into the pink bachelor buttons, bounced up and down, up and down on a stem and nibbled at the flowers. The glass top patio table reflected blue sky with clouds and invited me to sit down and write these notes.

Earlier today, as on many warm weather mornings, I sat here for breakfast amid pink, white, and periwinkle larkspur; blue and pink bachelor buttons; red poppies, yellow yarrow, and silver with mauve lambs' ears. I credit poppy, lambs' ears, and yarrow for this enchanting waterwise patio.

Ten years and 12 days ago we purchased a weed-dominated stark "urban back yard" of uneven, cracked cement. "One day," I said to myself, "one day we will have the cement removed and landscape." And I made a mental note "to-do-one-day" in the back of my mind. Then some spring later, a be-still-my-heart beautiful poppy volunteered in the northeast corner by the old wooden fence, a fuzzy pillow of lambs' ears appeared to cushion a tripping-hazard sunken slab, and yarrow stood straight and tall in full day sun, surrounded by concrete. A mantis stationed itself on a bright yellow yarrow head and fed for days on little insects hosted by the yarrow.

One warm dark summer night when we returned from Buzz baseball played against the breathtaking Wasatch backdrop, it was in this yarrow where my spouse spied our first mantis molting. I got my flashlight and stayed into the night watching the mantis molt to emerge fresh and green and to unpleat its first-time wings.

Years later, Memorial Day season 2007, this same yarrow hosted at least one little tan mantis, maybe half-an-inch "brow" to abdomen tip. Reliably every year, this yarrow has been home to a mature late-summer mantis, readily observable because the cement allows the observer to circle around to peer into the leafy interior from all angles.

That is, you can observe closely until the yarrow flops; so I used to cinch it up in a wide belt of all-weather florist ribbon, tied in a big bow. Now 2007, the yarrow clump grows up through a black iron aquarium stand mysteriously abandoned at our front curb last year. I probably should pull out the weathered ribbon to belt another yarrow clump that established itself in a nearby crack---maybe patio summer 2007 will offer two yarrow stations for mantis observation.

More than observation, though, I need to invest my 2007 Mantis Watch in sifting, sorting through my Salt Lake City notes and writings, working toward my long-term goal of a field observation workbook. I'll do this work here under the umbrella, among blue sky and clouds reflected in the glass top table on the flower-filled patio. And this 2007 work embodies a fond farewell. We are relocating to Bakersfield, California; where the extension agent tells me there are one or two species of mantis in the area. One is smaller and has pink on the membranous part of the wing, and "they are not overly common, but it is not uncommon to find them."



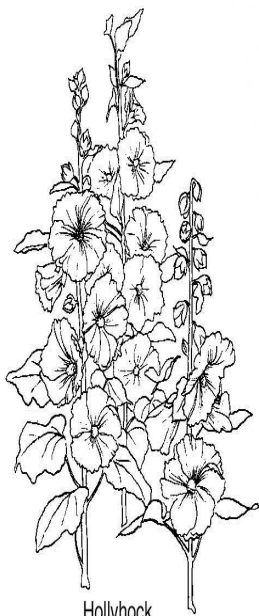
## Reflections From the Patio

By  
Catherine  
New

So, I understand Mantis Watch will vary in different contexts; and I'd best prepare for the change by organizing what I learned here in Salt Lake City--- and I'll do it here under the umbrella amongst the mantises in the flower-filled patio, with my keyboard floating in reflected clouds and blue sky.

# NOTES FROM THE PRESIDENT

By Stephen LeCheminant



Hollyhock

Here it is July, and with it comes the 4th of July and Pioneer Days as well. Summer also brings vacations and busy times in the gardens, but I hope you make time to come to our Summer Social on Thursday, July 19th at Murray Park. I hope that all of you who have taken the class this year and are working on your hours will come and join us also.

Our meeting for June was on various ways to support plants in the garden. Cheri did a good job in showing us different ways and items that can be used to support all kinds of different plants. It was also interesting to hear from others about what they have used as well. There weren't too many of us there this time, but I think

that is just a testament of how busy the summer can be.

I was working in my garden the other day and the sole surviving Hollyhock caught my attention. It happened to be a Yellow 'Summer Carnival'. I think it caught my attention because I remember my mother having lots of them in her garden. Along with the aphids, I love them as much as she did. Anyway, I became curious as how they got the name of Hollyhock, so I read about them in the book *100 Flowers and How They Got Their Names*. "The common name comes from "holy" plus hoc, "mallow." It may have been "holy" because it was brought back to Britain by the Crusaders, and it was possibly

called hock leaf" because it was used to reduce swelling in horses' hocks. The botanical name of the hollyhock is from the Greek alkaia, or "mallow." Its relative, the marsh mallow, belongs to the genus *Althaea*, from the Greek *Althaia* (a cure). Garden hollyhocks and marsh mallows are of the mallow, or malva (Latin for "mallow") family. The wild marsh mallow was used medicinally; the root contains a mucilaginous juice said to be very soothing and that could be chewed by teething babies. Parkinson said hollyhocks "help to make the body soluble.

The mallow is of the same edible family as the hibiscus, cotton, okra, and rose of Sharon. Marsh mallow root was used to make the confection called marshmallow, but, while people nowadays might worry about the edibility of the original plant, they do not seem to worry about the edibility of its sticky namesake.

In the eighteenth century new strains with bigger, double flowers were brought from China; hollyhock became one of the most popular garden flowers, the standby of cottage gardens until the nineteenth century, when hollyhock rust came to Britain. At that time, the recommended cure was to remove infected leaves, but now it can be controlled with modern sprays. It's rather sad though, if the whole point of hollyhocks was their curative powers. They are pretty flowers in the border, but not quite the same if they have to be sprayed with poisons."

Well, that's some of what they had to say about Hollyhocks that I found interesting and wanted to pass on to you. I hope you are having a great summer and we will see you at the social.

Date	Project	Leader	Contact Info
1 <sup>st</sup> and 3 <sup>rd</sup> Mondays each month 5:30-7:30pm	Tracy Aviary – Evening volunteer opportunity in addition to Sunday mornings at Tracy Aviary	Matthew Utley	MatthewU@TracyAviary.org
Tuesdays 9:30-11:30am	Wheeler Farm Day Camp Veggie Garden Teachers	Lisa Chin	something_clever@msn.com
Mon. July 2, 9, 16, 23, 30 1-4pm	USU/Master Gardener Diagnostic Clinic, 2001 S. State S1007/8, SLC	Maggie Shao	PH: (801) 468-3178 maggies@ext.usu.edu
Monday July 9 Noon – 1pm	Lunch & Learn: "How to Grow Happy House Plants" 2001 S. State S1007/8, SLC	RSVP: Sarah Petersen	Ph: (801) 468-3187 Call to reserve a place
Sat. July 14 & 28	Farmers Market MG Booth Pioneer Park	Karen Crook	
Sat. July 21 August 18 Sept 15,22, 29 Oct 6,13,20	Jail Horticulture Veggie Booth – Pioneer Park Shifts: 8:30-11am 10:30-1pm	Maggie Shao	Ph: (801) 468-3178 <a href="mailto:maggies@ext.usu.edu">maggies@ext.usu.edu</a>
Wed. July 25 1 – 2:30pm	How to answer questions as a Master Gardener Training 2001 S. State S1007/8, SLC	RSVP: Sarah Petersen	Ph: (801) 468-3187 Call to reserve a place

**EXTENSION**

**Utah State**  
**UNIVERSITY**

**By Maggie Shao, Extension Horticulturist**

It's only the first day of summer, and Karyn Douglas has done the first harvest from the Wheeler Farm veggie garden and delivered the donation to the Murray Food Pantry. The sugar peas, beets, and lettuce harvested from the jail garden were a big hit at Pioneer Park Farmers Market. The Salt Lake County Jail Horticulture Program brought in close to \$400 in sales from their produce which will go towards sustaining next year's jail horticulture program. Another opportunity for those who work during the week is at the Farmers Market at Pioneer Park. Karen Crook has enough volunteers for our scheduled days; however, the Jail Horticulture Program also has a booth on several Saturdays that we would welcome help with in answering gardening questions. Those Saturdays that we need volunteers are July 21, August 18, September 15, 22, 29, and October 6, 13, 20. Help out by answering gardening questions and directing them to USU Extension resources are a great way to get your volunteer hours working with the public. Give me a call at (801) 468-3178 and sign up for any one of those dates. Shifts will be 8:30am to 11:00am or 10:30am to 1pm. Master Gardeners are also cultivating some young gardeners through the Wheeler Summer Day Camp program that could also use some help on Tuesdays from 9:30am to 11:30am. If you lack a little confidence in teaching, you can still help the children plant their pots. More hands make less work for all. Contact Lisa Chin at (801) 467-5206 to sign up for any Tuesday (except for July 24) for the remainder of the summer and help cultivate some young gardeners. There really are so many exciting and great things going on with all the Master Gardener projects.

I have some great help with a summer intern, Heidi Wayman. She is working on her Horticulture degree through USU Distance and Continuing Education, and her most recent position was working as a plant technician with Cactus and Tropicals. She will be helping get materials updated including posters as teaching tools (when PowerPoint's and computers are not appropriate), also synchronizing recorded audio of lectures given during the 2007 Master Gardener Volunteer Training by USU Extension Specialists and agents, and teaching some classes. If you are interested in Growing Happy Houseplants, Heidi will be teaching on Monday July 9 from noon to 1:00pm at the Salt Lake County Extension Training Room (#S1007/8). She also worked for many years as a customer service phone

line trainer, and I asked her to put together a training/class on pointers that will help you as a Master Gardener answer the phone help line that probably can also be applied to working at Diagnostic Clinics. Heidi will give hints on customer/client service basics including active listening, ways to deal with anxious callers, and providing us some tools to help folks with their gardening questions. I encourage everyone to come to that class. That will be held on Wednesday July 25, 2007 from 1:00pm to 2:30pm in the USU Training room. Please call Sarah Petersen at (801) 368-3178 to reserve a place for either class.

If you didn't know, Sarah Petersen, my assistant and publishing technician who does a great job laying out the Salt Lake County Extension newsletter is expecting a baby in September, so we are very happy for her. She gained weight in her second trimester and she's doing really well. She's anxious that she'll be gone when volunteer hour reports will be coming in and getting the database in shape, so we have accurate hour totals for the annual volunteer recognition and graduation in December. So a reminder that the volunteer hours report deadline is October 31, but if you have filled up your sheet and want to send in the hours you have completed so far, we can enter those as well. I do check and approve hours before Sarah or an office assistant enters the hours into the database. So if you have any questions on which hours count, I'm the one to check with.

Don't miss the opportunity to volunteer. The majority of volunteer opportunities are during the spring and summer months and the time to get your 40 hours towards certification. I know many of the project leaders could use your help so if you haven't signed up – call a project leader and get some incredible learning experiences. We can always use help on the Master Gardener Phone line, Mondays through Fridays, 9am to 5pm. Sign-ups for the County and State Fair will be coming up shortly so don't miss out. Deadline for volunteer hours is October 31.

## **Iris Exchange at Summer Picnic**

If you have iris to separate, you can pass along your extras at our Iris Exchange. If you are in the market for iris, just come and get some.

When separating your iris, discard the sections with bloom stalks. Label the plants with the name if possible. If you don't know the name, at least label it with the color. You can write on an iris leaf with a permanent pointed tip marker. You can also write paper or plastic tags and staple them to the leaf.

## UTAH NATIVE PLANT MONTH

The entire month of June has been declared UTAH NATIVE PLANT MONTH by Governor Jon M. Huntsman, Jr. The declaration affirms that native plant communities of the State of Utah are a unique and defining part of Utah's natural heritage, are fundamental to water conservation and habitat preservation, and promote and enhance our regional sense of place.

Activities surrounding the declaration are intended to inspire and educate Utahns on the importance of native plants in both our public lands and private gardens. The INPGA will help nurseries and garden centers inform their customers on how to design with, how to plant, and how to maintain natives in their gardens. Nurseries and garden centers that have committed to a one-day promotional event are listed on the INPGA website: [www.utahschoice.org](http://www.utahschoice.org)

As part of UTAH NATIVE PLANT MONTH the INPGA has launched its GARDEN OF THE MONTH neighborhood display garden program. Nominations are ongoing for yards that are predominantly planted with Utah natives and successfully demonstrate their beauty and resilience. Look for GARDEN OF THE MONTH yard signs in your neighborhood!

To obtain additional information on the Intermountain Native Plant Growers Association, UTAH NATIVE PLANT MONTH, or GARDEN OF THE MONTH, contact Susie Kohler at (801) 842-7279 or [staff@utahschoice.org](mailto:staff@utahschoice.org)

Frequently Asked Questions about the UTAH'S CHOICE Native Plant Program:

Q: What is the Intermountain Native Plant Growers Association?

A: The Intermountain Native Plant Growers Association (INPGA) is a nonprofit (founded in 2003) dedicated to increasing awareness of the value of native plants for landscaping, water conservation and habitat improvement. Its goals are to support research and development of production of native plants and to create a landscape design standard that reflects a Western sense of place.

Q: What is the UTAH'S CHOICE program?

A: The UTAH'S CHOICE program is centered on a list of 42 Intermountain native perennials, grasses, shrubs and trees that are easy to grow and maintain in home landscapes. These plants are available in local nurseries.

Q: Can I save money by planting native plants?

A: You can save money and time by planting native plants in your yard. Native Plants need less water and maintenance than traditional garden plants and turf grass. Natives don't need any expensive chemicals, fertilizers or pesticides.

Q: Aren't native plants just a bunch of ugly, weedy desert plants?

A: On the contrary. The Intermountain West holds a vast treasure of plant diversity. Naturalists and plant enthusiasts come from all over the world to see what we have in our own backyard. The region as a whole touts at least 215 endemic (found nowhere else in the world) plant species, and 58 endemic varieties and subspecies. This means that with native plants, we can choose from many colorful wildflowers, flowering shrubs, interesting grasses and hardy trees.

Q: Where can I purchase UTAH'S CHOICE native plants?

A: If you visit the website ([www.utahschoice.org](http://www.utahschoice.org)) you will find a list of participating nurseries. Throughout the state of Utah there are wholesale growers and retail nurseries offering UTAH'S CHOICE native plants.

Q: How will I know how much water to give my native plants?

A: Water requirements for UTAH'S CHOICE native plants are discussed in the 'Utah at Home' booklet and on the UTAH'S CHOICE website ([www.utahschoice.org](http://www.utahschoice.org)).

Q: Will native plants need a lot of fertilizer?

A: No. Most natives do not appreciate chemical fertilizers at all. They are accustomed to finding all the nutrients they need in Utah's natural soils.

Q: Should I amend my soil with compost or mulch for native plants?

A: You don't need to amend your soil for native plants. In fact, native plants don't like rich soils. You can mulch over the top with woodchips or gravel; never plastic.

Q: I like flowers and color in my yard. Will the UTAH'S CHOICE plants have flowers?

A: There are plenty of UTAH'S CHOICE plants that provide flowers and color! Wildflowers, like Wasatch Penstemon, Globemallow and Sticky Geranium are just a few examples.

## Wheeler Farm Herb Garden

If you have an opportunity to visit the Wheeler Farm Herb Garden, please be aware that we are trying to identify the various herbs growing there. If you see something unusual that you know the name of, please tell us. Anyone else interested in doing volunteer hours, please contact me at [lawanak\\_01@msn.com](mailto:lawanak_01@msn.com) or just come and join us on Wednesday evening at 6:00p.m.

## Please Add to Your Membership List:

Vanamala Bidwai  
Peggy Call  
Kathy Madden

The cole crops are maturing fast. I have already taken a lot of the plants out of the garden and reseeded. The 'Cheddar' cauliflower turned out good this year, but the 'Snow Crown' that was planted about a month later bolted and started to go to seed. The broccoli had great main heads but the side shoots left a lot to be desired. I have removed them from the garden and planted some bush beans and some winter squash in their place. The cabbage is ready, and I have cut a few heads. When they are ready to be taken out the winter squash will take over their spot.

The peas were great this year. I ate the shelling peas in the garden, so none of them made it into the house. The 'Oregon "Edible Pods 2" really loaded up heavy. When we got tired of eating them, I was able to freeze several packages. I have taken them out and planted the third crop of sweet corn along with a few more bush beans. Some of the lettuce has started to go to seed so it is now compost. I need to start the seeds in the basement and transplant them back into the garden.

I have been saving the suckers that have come from the Italian prune for the last few years and putting them in 4 to 5 gallon containers. We had our Reeves family reunion, so I took six of them plus about 20 gallon containers of daylilies. They were gone in about 1 ½ minutes. The prune trees were brought from the family home in 1964. It was the only fruit tree we had on our lot when I was a kid growing up. So now I have passed them on to another generation or two.

My apple crop will be down from last year but I will have a better variety of apples from the trees. I have been thinning them out and trying to make sure they are not overloaded. Some limbs have a lot on them and other limbs have none. This is a weird year for apples. My father-in-law's 'Granny Smith' apple tree has a great crop on the way. I was able to reduce the size of it to about ½ through pruning. By next year we should have it under better control.

Well, my string trimmer died, but that is not a big loss. About seven years ago at the State Fairpark there was a tool sale. (They were held every spring.) They had reconditioned trimmers that had been returned to the factory and

## Salt Lake County Fair Horticulture Contest

**Wednesday August 15, 7am to noon.**  
10800 South 2200 West, South Jordan

Project Leader: Val Chatwin, Email: [val-ray@netutah.net](mailto:val-ray@netutah.net)

Volunteers needed to accept entries for the county fair horticulture contests. You will be taking down names, tagging cherry tomatoes to giant pumpkin entries, as well as helping attach ribbons to the winning entries. Lunch and parking provided.



### By Wm. Golden Reeves

repaired. I bought one and liked it so much the following year I bought another one. It was a steal at \$39.95. I hope this one last as long as the other one did.

I have replaced the chipper shredder with a 10 horse MTD unit. It is a horse of a machine. The only problem is getting enough strength in pulling the starting rope to make it fire and run. But it does a great job and the material comes out is nice and fine. What I put through would often clogged my other machine but this one just chomped right through it.

Replacing the family dog has been another story. Willy, our new puppy, has an appetite for grass. He keeps chewing holes in it. He will pick up any thing on the lawn - a stick or a leaf or anything he sees out of place. He doesn't respect the garden and he goes into the garden to pick up any thing he can find. My wife wants him kept out of the compost pile but there isn't anything in the pile that he hasn't all ready chewed on in there. I had to cover a hole he started to dig with some bricks, and he tried to move them.

Another problem was the fence on the west side of the yard. He could go under it, so I had to cut off the posts enough to lower it to the ground. I am glad it was a chain link fence.

The city water bill came the other day. I am under the amount I used last year and my lawn shows it. I guess you either have a green lawn and an empty wallet or green in the wallet and a brown lawn. Summer is here so enjoy the heat. If not, go in the house and get a cool one!

## GILGAL GARDEN

749 East 500 South

Come on Tuesdays 3 p.m. to 6 p.m.  
Questions? Contact Bev at 466-0121  
[beverlysudbury@yahoo.com](mailto:beverlysudbury@yahoo.com)

## Tracy Aviary

**Every Sunday 9 a.m. - 12 p.m., 1<sup>st</sup> and 3<sup>rd</sup> Monday  
evenings of the month, 5:30-7:30pm**

589 East 1300 South, Salt Lake City

Project Leader: Matthew Utley

Email [MatthewU@TracyAviary.org](mailto:MatthewU@TracyAviary.org)

# The Great Raised Bed Experiment Begins

by Amy Hargreaves Judzis

For several years I have been trying to convince ChainsawBob that I need raised beds in order to try to grow any kind of a vegetable garden behind the house. I have been unsuccessful. Even the fact that it took him about three hours, using a posthole digger, to dig twelve holes for me to plant my tomatoes each year failed to convince him.

So I waited until he was in Kuala Lumpur for a week the first of April this spring.

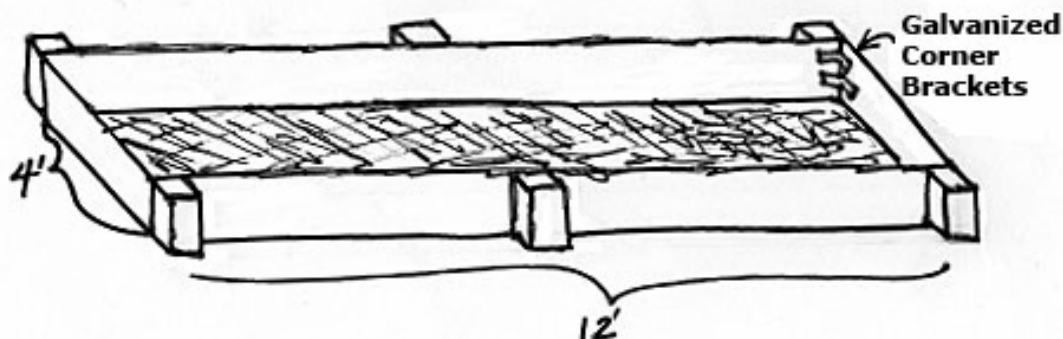
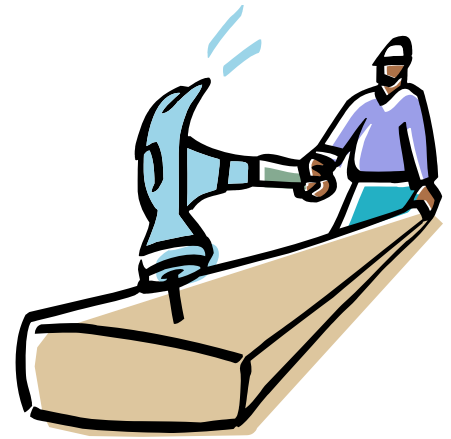
The plans were complete long in advance. My space is limited to about 12 feet by 12 feet with an 8 foot wood fence at the back. In order to have adequate room to move around and to be able to reach everything, I decided on two 12 foot by 4 foot by 1 foot deep beds for a total of 96 square feet. Not a heck of a lot of space for a woman who, in her glory days of rented garden space in North Carolina, had a 25 by 50 foot plot. But, I told myself, it will be quality, not quantity.

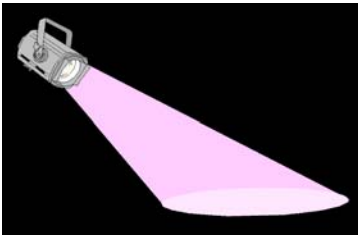
Materials were four 12 foot long 2 by 12 inch redwood boards and two 8 foot 2 by 12's cut in half for the short sides. I also bought three 8 foot 6 by 6 posts which I had cut at the lumber yard into two foot lengths to anchor the corners and centers of the long sides on the outside of the boxes. I chose redwood because treated wood was simply unthinkable yet I wanted something that would not rot quickly. I used galvanized nails so I wouldn't have to worry about rust. For the inside I got sixteen large galvanized corner brackets. The posthole digger was put to use digging foot deep holes to sink the corner and side posts – so much nicer than using it to plant tomatoes.

The capacity of the two boxes is 96 cubic feet. That's a whole lot of dirt. (Oops, I'm a Master Gardener, I'm supposed to call it *soil*.) Unfortunately there is no way to get a truckload of topsoil into my backyard, the access is through a 36 inch wide wrought iron gate, so it had to come in bags. It took a wheelbarrow and a long time to tote those bags up the driveway, through the carport and around back.

Because of cost, I chose a less than ideal filler for the beds. Seventy-five one cubic foot bags of "blended steer manure and compost" (10% rocks, 15% unrecognizable lumps and 75% organic matter) and three 4 cubic foot bags of perlite to make a total of 87 cubic feet of filler. I put a quarter of the compost into the bottom of the beds, then half the perlite, then another quarter of the compost over that. ChainsawBob, who was back from Kuala Lumpur and over the shock of seeing the bed frames behind the house, used his small Honda rototiller to till the fill into the rocklike soil below as well as possible. The rest of the filler was layered in the same way, then the whole mess thoroughly stirred with a hand cultivator. Watered down, it comes to within about an inch and a half of the top of the boards.

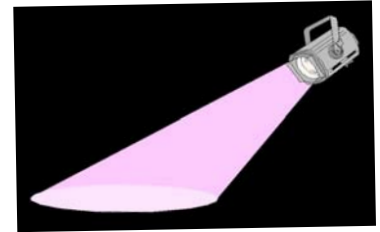
Next month – "Pimpin' My Raised Beds" *or* "Irrigation and Hardware" (which sounds much less... intriguing.)





# SPOTLIGHT

ON  
Barbara McFarlane



Barbara McFarlane is a lifelong gardener - and raised more than plants in the process. "My two daughters grew up in my garden," she says. She's lived in Utah all of her life. A South High graduate, she attended the U of U, and as a single mother had a career as executive secretary at the University Law School. Upon retiring after 35 years, she says, "The first thing I did was sign up to become a Master Gardener."

"Retirement has been a real pleasure," Barbara says, devoting her time to two all-consuming passions. She's a quilter, with family members as happy benefactors, and has exhibited her handiwork at the Springfield Art Museum. As for gardening, she has "lots and lots of flowers" on the half-acre lot where she's graciously consented to garden tours.

Larry Sagers featured her yard in a newspaper article, using her plantings as an example of natural landscaping as opposed to those of uninviting, too-perfect professionals. "I have to laugh," Barbara says, "because I break the rules." She scoffs at advice to plant in drifts of three and prefers *drifts* of one. "You name it - I've got it," she says of the many varieties she grows. But it's not by accident that colorful splashes of day-lilies, lavender, asters, daisies, and penstemons don't compete, but either blend in harmony or stand out in dramatic contrast.

Barbara is a dedicated Master Gardener - unlike yearlings who disappear once they receive their certificates. She truly enjoys the people and volunteers for projects because she likes to give back to the community. She remembers a tradition started years ago when she took her first grandchild to visit Wheeler Farm. Now with the younger ones in tow, she's pleased to point out gardens and say, "Grandma worked on this - or Grandma worked on that."

The first grandchild, now a young man of twenty-two, is a gardener and it's rather likely others will carry on Barbara's legacy.

## Wheeler Farm Vegetable Garden

By Karyn Douglas

Bob Moss and I will be at the garden just about every Tuesday morning and will need help with weeding each week, and of course help with harvesting as well.

If you would like to volunteer with us please e-mail me at karyndouglas@yahoo.com. I will keep you informed of the times and jobs we have going on at the Veggie Garden.

Karyn Douglas  
Bob Moss

## CHRISTMAS BOX HOUSE

By Peggy Call

A request to all master gardeners. Please save any interesting seeds you find in your travels or collections. We need to know their names, of course. We are making a collection for Christmas Box House. If you have more than one of some that have cool textures so the children can feel or examine them under a magnifying glass, great. Give them to Peggy Call, Virginia Sargent, Cindy Gandy, Barbara Braeden, or Julie Bryant. Thank you so much.

## Utah AIDS Foundation

1408 South 1100 East

Tuesdays 5:30 p.m. until 7:00p.m.

Please bring your own tools, gloves, and drinking water

A HUGE Thank You

to everyone who has worked at UAF so far!

## Val's Musings

By Val Chatwin

I told you about the neighbor cutting down his awful Siberian Elm tree. Well, there is still 10 ft. of double trunk left. I wonder if he thinks the thing will die if that is left? I have had finger-sized trees that I cut off right at the ground. Most other plants are discouraged by this. Not these. They love it and send out multiple stems. I have had to resort to pouring full strength Glyphosate on them. The neighbor on the other side cut back a forsythia bush that was 12 to 15 ft. around and that tall. It is in the front, side yard and was 25 years old, and hid an ugly utility box. It didn't bloom this spring, usually it is covered with gorgeous yellow blossoms. He pruned it with his hedge clippers late in the fall last year and took off all the new growth, thus no blooms. He got a huge city dumpster and cut it right down to the ground. The forsythia loved it, it is a nice little round bush, happily growing in the sun. Another plant that doesn't mind that treatment. He will have blooms next year with all the new growth.

Pioneer Park surely is an interesting place. Karen Crook does a good job of supervising. It was interesting to have the jail people right next to us --in their uniforms. The lone inmate had sweats and a shirt that said, large and clearly, "prisoner". He didn't seem to mind. They had boxes of young beets and beet greens and I think lettuce. Sold most of it. Lots of Master Gardeners showed up, so our booth was full. People across from us were selling tomatoes at \$5 a pound. They would cut a tomato into little pieces and pass out samples. Smart idea. They sold a lot. Dogs can come with their owners and it is like a dog show.

Jordan Valley Conservation District was interesting. Ethel Olson is working with them. It is an amazing garden, if you haven't been, you need to go. They are open daily during business hours. It has really grown up. When we first went a few years ago, the trees by our booth were sticks. Now they shade. Lots of Master Gardeners were there too. It was pleasant. I have been there when it was 104' and another time 60'.

Our 'Golden Delicious' apple tree fell down. It is about 10 years old, a dwarf, and only about 7 ft. tall and around. It fell over 2 years ago when it was loaded with apples in the fall. I quickly picked all the apples off and my dear one put a rope around the trunk and staked it upright. The tree went on normally with its cycle and showed no effect. The apples are wonderful. The rope loosened and I really thought it had anchored itself sufficiently, especially since last year it only had about 10 apples. It, along with the 'Red Delicious,' 'Granny Smith,' and almond tree got frosted right at the right time and barely had any apples or almonds last year. I didn't even bother to spray them, and the thirty or so apples they had were holey and icky. It was a shock to go out and see the little tree lying on its side exactly in the same spot as two years ago. It is covered with apples this year. We lifted it up and my sweetie restaked it solidly. The apples seem to be okay. I thinned them down to 5 inches apart [which Larry Sagers advises in the Advance MG class].

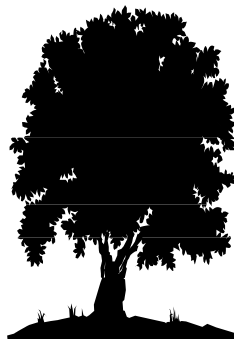
I'm doing it different on the spraying for codling moth for the apples and pears this year. I use Imidan, a powder

that you mix up. It says to spray every 14 days. I heard Master Gardeners talking about this method and have decided to try it. You spray heavily on the first spray date, then about the first of July. I decided to spray heavily on the first date, which was the middle of May, then watch. If I see any damaged apples or pears, I spray immediately. I would love to spray less but I don't want holey apples or especially pears. Canning pears with the little black specks that result from the worm in the core is hard. It also makes the core bigger. The apples are bearing heavily and happily this year, thank goodness.

I got on the web and found out when the first spray date was from Utah State. Did you know Bart Anderson has an official monitoring station for the extension here in this valley? I sprayed the six trees well. Then I watched closely. On June 20 I found three apples that had holes in them, so I sprayed that night. I spray at dusk, hopefully after the bees have gone to bed. So I have only sprayed twice this year instead of every two weeks so far. The pears had no evidence of damage but I am going by the first thing that gets drilled and spray it all.

I think it is really a blessing to have worm free pears and apples but in talking to some Master Gardeners and others, some don't have that much worminess and some don't mind cutting out the damage and don't spray. That is good, saves money and doesn't spread poison around. However there is a law in Utah County that everyone has to spray for the cherry fruit fly. If your neighbor doesn't spray his cherries, you can do it. The pest flies well, and when it finds a tree that has been sprayed, it just flies to one that isn't. This is why it is so hard in the city to spray for them. Utah County grows a majority of the pie cherries in the nation.

I just discovered something. I have beets from the garden for the first time this season. I have always boiled them whole. It takes an hour, or more. I just brought some in for supper and if I don't have an hour, I could always boil them up and eat them tomorrow but I wondered what would happen if I microwaved them. I never have before. I put them in and 4 minutes later, after a whole lot of popping I opened the door to discover beet juice all over, but the beets are soft! I can't believe I have never tried that before. Actually we don't eat them that often. The oven took more time to clean out than the beets took to cook. I will put them in a plastic grocery sack the next time.



## MURRAY PARK

Wow - it's hot out there! Mornings are much nicer, so we are starting volunteer work at 7:00 am in Murray Park for July and August. Remember that you can volunteer at the park any Tuesday whether you have signed up or not. Questions? Call me - Becky Hansen

# Fresh From the Heart

By Jenny Gibson and JoDeane Condrat

**Wanted:** Fresh, quality, home grown produce. Share the bounty of the harvest. Count your volunteer hours spent harvesting and driving to and from the donation site. Thank you!!!

## Donate Your Produce to Any of the Following:

**SL CAP**  
4937 S. Commerce (300 West)  
Murray  
281-4937  
T-Sat - 11 a.m. to 6 p.m.

**St. Paul's Episcopal Church**  
261 South 900 East  
322-5869  
M-Thu - 10 a.m. to 1 p.m.

**Crossroads Urban Center**  
347 South 400 East  
364-7765  
M-F - 9 a.m. to 5 p.m.

**Utah Aids Foundation**  
1408 South 1100 East  
487-2323  
Call for appointment

**SL CAP Northwest**  
1300 West 300 North  
359-8741  
M-F - 8:30 a.m. to Noon, 1 -5 p.m.

**Kearns First Baptist Church**  
4445 West 5175 South  
968-1471  
M, W-F - 11 a.m. to 3 p.m.

**SL CAP Redwood**  
3060 South Lester (1585 West)  
972-6661  
M-F - 8:30 a.m. to Noon, 1 p.m. to 5 p.m.

**Westvale Presbyterian Church**  
3610 South 4400 West  
968-7992  
Call for appointment

**Granger Community Church**  
2600 West 3800 South  
968-3301  
M - 5:50 p.m. to 7 p.m., Sat. - 10 a.m. to 1 p.m.

**SL CAP Magna**  
3041 South 8560 West  
250-6414  
M-F - 8:30 a.m. to 1 p.m., 2 to 5 p.m.

**SL CAP South County**  
8446 South Harrison (340 West)  
255-3516  
M-F - 8:30 a.m.-Noon, 1 to 5 p.m.

**Baptist Concern Center**  
1235 California (1330 South)  
972-5708  
M, W, Thu - 1 p.m. to 4 p.m.

**Lifecare Services**  
1025 South 700 West  
978-2452  
Call for appointment

**Utah Food Bank**  
1025 South 700 West  
908-8660  
M-F - 8 a.m. to 5 p.m.

# Wheeler Farm Day Camp

By Lisa Chin

The Day Camp has been very successful thanks to the help of many wonderful Master Gardeners. So far, Mridula Patel, Charlene Homan, Marretta Wight, Lynn Nelson and Chriss Meecham have had the opportunity to teach at the day camp. Each have said what a satisfying experience it has been for them to teach these wonderful children.

The children have been very involved in the classes, which are teaching them the value of soil in our everyday lives, as well as the importance of eating a variety of fruits and vegetables. The children enjoy playing the Soil game, where they take turns being a droplet of water wiggling through the grains of soil, and then a grain of soil trying to hold on to the water droplet. They also enjoy getting their hands dirty when they transplant their herb into a pot to take home, but I would have to say their favorite part is getting to taste a variety of fruits and vegetables! We are hoping that all our efforts are planting the seeds for future Master Gardeners, as well as healthy consumers.

We are in need of a couple more volunteers who would be interested in helping out in July or August. The extra people would be in charge of helping the children to transplant their seedlings and would not need to stand in front of the entire group to teach. If you are interested in volunteering with the Day Camp on Tuesday mornings from 10 - 11 a.m. please contact Lisa Chin at [something\\_clever@msn.com](mailto:something_clever@msn.com)

**P  
R  
O  
J  
E  
C  
T  
S**

**Christmas Box House**  
236 South 300 East

Peggy Call - pcall@xmission.com  
Virginia Sargeant - THREEDZ@utahweb.com

**Fresh From the Heart**

Jennie Gibson - gibsongg@earthlink.net  
JoDeane Condrat - condrata@comcast.net

**Gilgal Garden**  
749 East 500 South

Bev Sudbury - beverlysudbury@yahoo.com  
Traci Dahle - smoki1@smartfella.com

**Hidden Hollow**  
1165 East Wilmington

Charlene Homan - mhcharlene@yahoo.com.

**Magna Elementary**  
8500 West 3100 South

Peg Sudbury-Crowley - crowbaby@xmission.com  
Mark Hurst -

**Murray Park**  
5000-5300 South State

Becky Hansen - hansenpollei@mstarmetro.net

**Pioneer Park Farmer's Market**  
400 South 300 West

Karen Crook - garykarencrook@comcast.net

**SLCO Jail Horticulture Program** Maggie Shao - 468-3178 [maggies@ext.usu.edu](mailto:maggies@ext.usu.edu)

**Tracy Aviary**  
589 East 1300 South

Matthew Utley - [MatthewU@TracyAviary.org](mailto:MatthewU@TracyAviary.org)

**Utah AIDS Foundation**  
1408 South 1100 East

Jeff Asay - jeffrey.asay@comcast.net  
Kay Packard - kaypackard@comcast.net  
Mike and Ann Cullis - annandmikecullis@comcast.net

**Volunteer Coordinator**

Barbara Larsen  
endlesspromos1@msn.com

**Web Site**

Amy Hargreaves Judzis - cliz@juno.com

**Wheeler Farm**  
6300 South 900 East  
Wheeler Farm Vegetable Garden

Karyn Douglas - [karyndouglas@yahoo.com](mailto:karyndouglas@yahoo.com)  
Bob Moss - [rmoss34@comcast.net](mailto:rmoss34@comcast.net)  
LaWana Kosel - lawanak\_01@msn.com  
Golden Reeves - greeves28@msn.com  
Sandy Burgess - sandy.burgess@Questar.com

Wheeler Farm Herb Garden  
Wheeler Farm Pumpkin Patch  
Wheeler Farm House Garden

## PIONEER PARK FARMER'S MARKET

By Karen Crook

June 16th was our first Saturday at Pioneer Park's Farmer's Market. It was a hot day with lots of people who had lots of questions. Thanks to everyone who came to help.

For those of you signed up to help in the coming weeks the Master Gardener Board approved the purchase of a new tent for us. We now will have a larger area with side panels for much needed shade during these hot summer months. Even if you are not signed up to help, come enjoy the Market and support the local farmers and our efforts at the County Jail. They sold beautiful lettuce, peas and beets for unbelievable prices. The hours are from 8 a.m. until 1:00 p.m. The Park is located on the 4th South and 4th West Block. Parking can be difficult so it is best to get there early.

# Calendar

Thursday, July 19  
**Summer Picnic**  
 Murray Park  
 Iris Exchange

Thursday, August 16  
**Cold Hardy Exotics for Utah**  
 by Rob Larkin (owner of Le Jardin at the  
 Rose Shop)  
 How to maintain and grow more exotic  
 plants in a microclimate and what you need  
 to do to protect them in the winter.

*Thursday, September 20*  
*Pressing Flowers*  
*Dotty Xarras will demonstrating the*  
*art of pressing and preserving flowers.*

To see the latest issue of The Garden  
 Patch online, plus past issues, go to:  
[http://www.slmg.org/  
 gardenPatchTOC.html](http://www.slmg.org/gardenPatchTOC.html)

**THE GARDEN PATCH**  
**is ON THE WEB at**  
**[www.slmg.org](http://www.slmg.org)**

# Bulletin Board

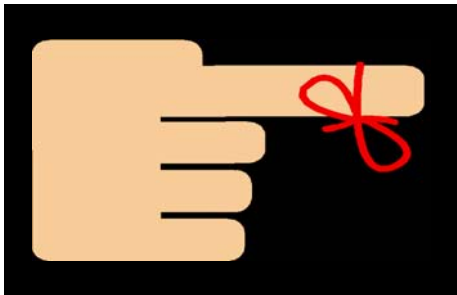


“Swap and Shop”  
 and  
 “Garden Talk”  
**Bulletin Board**  
 On the SLMG Web Site

You can now connect to the "Garden Talk"  
 bulletin board, where there are topics for  
 General Discussion, Swaps, For Sale, For  
 Free, and whatever else tickles your  
 fancy. If you have any questions, feel free  
 to drop your trusty WebWench an e-mail  
 at: [webwench@slmg.org](mailto:webwench@slmg.org)

You can access the  
 Web Bulletin Board at  
[www.utahmastergardeners.org  
 /forum/index.php](http://www.utahmastergardeners.org/forum/index.php)

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**WANTED!**  
**Sour Cherries**  
**Will pick.**

Contact Barbara Braeden if you would like her to come and pick your cherries and take them away so you don't have to deal with them this year.

[drbraeden@worldnet.att.net](mailto:drbraeden@worldnet.att.net)

# Don't Forget

Thursday, July 19

## Summer Picnic at Murray Park

6:00 Appetizers, Socializing

7:00 dinner

Murray Park, Pavillion #5

Iris Exchange

Meat, rolls, butter, and bottled water will be furnished.

Bring a side dish, salad, dessert, or (if you are coming by 6 p.m.) an appetizer.